

Author: Corinne Goyette
Category: Children's Books

Print ISBN: 978-0-9974929-1-0
Publisher: Early Childhood Specialties LLC

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Author Bio

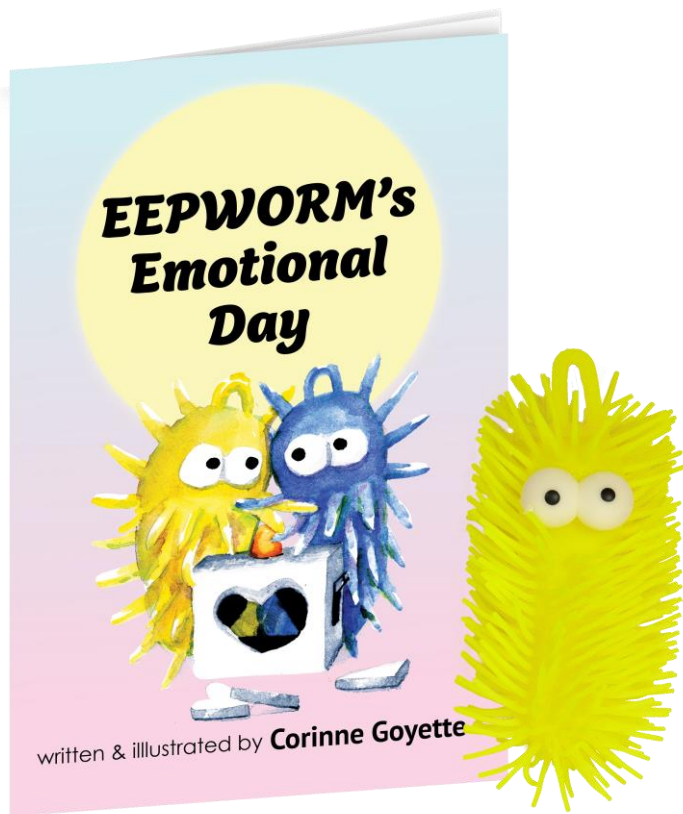
Corinne Goyette received her Bachelor of Fine Arts Degree in Studio Art from Sam Houston State University. There, she learned to love watercolor, the medium used in the EEPWORM books. She is also a public speaker advocating for people with mental health special needs, since she struggles with several brain disorders herself, such as ADHD and autism. Having experienced very extreme emotions since she was a young child, Corinne was moved to help other children, especially those who feel the way she does. She hopes that sharing the knowledge and tools she has gained will benefit children and their helpers everywhere.

Corinne has also written and illustrated a previous children's picture book, My Friend EEPWORM. It has been featured on The "D" Suite Radio Show and the We Read Initiative of the Barbara Bush Houston Literacy Foundation. Corinne is available for interviews and presentations.



Corinne Goyette
Author, Illustrator
& Speaker

Book Summary



Author: Corinne Goyette
Category: Children's Books

Print ISBN: 978-0-9974929-1-0
Publisher: Early Childhood Specialties LLC
Anticipated publication date: September 2020.
Available at <https://www.earlychildhoodspecialties.com/store.html>

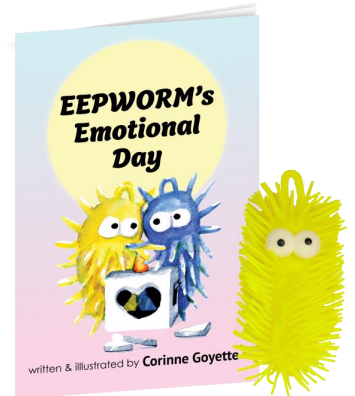
With simple rhyming text and beautiful watercolor illustrations, this book delightfully demonstrates how children can experience many different feelings in a day and how challenging some of them can be. In the story, yellow eepworm feels impatient, excited, happy, annoyed, overwhelmed, remorseful, and peaceful, all on the day he visits his best friend, blue eepworm. Children will relate to yellow eepworm's many different feelings and learn a valuable lesson about handling one of them.

The book is accompanied by one soft, squishy toy eepworm.



TESTIMONIALS

"Every parent or teacher can relate to a fun time with children turning sour when the fun needs to end. Corinne Goyette's book lets a child enter into the adorable Eepworm's super exciting day of fun with a friend, only to have strong negative emotions almost ruin the day! Helpful tips within the book allow your child or student to stop, take a break and handle emotions successfully. A must have on any teacher, parent or school counselor's shelf."

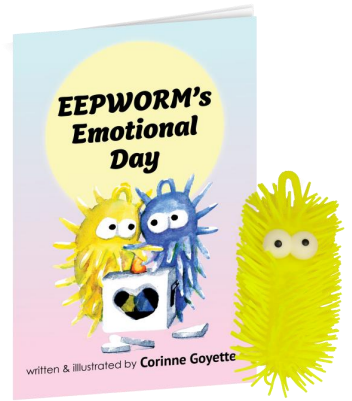


Lisa Stuckey, M.Ed.
School Counselor

"What a lovely find this was! The story is simple and sweet. It was a wonderful way to open up a conversation with my daughter, who also has difficulty with the size and scope of her emotions when it comes time for the fun to end. We used her eepworm to talk about feelings and how they can feel overwhelming, and to demonstrate how easy it is to lash out when we don't know what else to do. It led to an interesting conversation – I doubt all of our challenges with ending playdates and big emotions are resolved, obviously, but it was a great start!"

Jill Franclemont,
Reviewer & Blogger
www.Jill-Elizabeth.com

Target Audience



WHO SHOULD READ

- parents
- teachers
- school counselors
- child therapists
- child psychologists
- occupational therapists
- children's librarians

BOOK BENEFITS

- enjoyable story with rhyming text
- soothing, soft watercolor illustrations
- helpful for children to identify feelings
- good conversation starter
- eepworm is a comforting sensory toy
- helpful for teaching children self-regulation



THE STORY BEHIND THE STORY

"When I was a child, I often had intense emotions. I wondered why, and I later learned I have brain disorders like ADHD and autism. Feeling overwhelmed and alone, I created the eepworm character to be a calming tool and a friend. I loved how my eepworms felt like a hug in my hand! With my adorable and comforting friends, I could deal with my strongest feelings. As an adult, I wrote this book to help children (and adults) everywhere." — **Corinne Goyette**

INTERIOR SPREAD



"I am feeling calmer now."

"I feel much better too."

Interview Questions

1

How did you become an author?

2

What kind of book is EEPWORM's Emotional Day?

3

How did you think of the whole idea of eepworms?

4

Can you share more about your struggles with emotions as a child?

5

How can you help young children learn about strong emotions?

6

What are some ways you think eepworms can help kids?

7

What do you see as your primary purpose?

8

What kinds of presentations do you do?

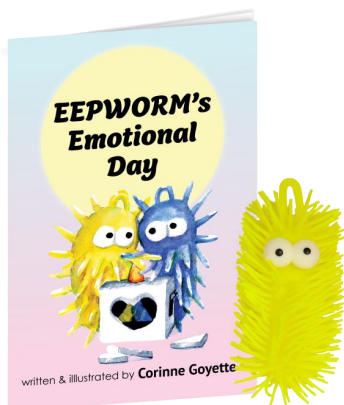
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What was one of your favorite moments during your presentations?

10

Are you planning more eepworm projects?

See answers at: <http://www.eepworm.com/sample-qa.html>



PRESS RELEASE

FOR IMMEDIATE RELEASE: May 5, 2020
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Book and Toy Provide Comfort for Children

HOUSTON, TX _Early Childhood Specialties (ECS) announces the availability of advance review copies of *EEPWORM's Emotional Day*, a children's picture book by Corinne Goyette. Each book comes with an accompanying toy to help children manage their strong feelings, especially when things do not go their way. The story and toy are especially helpful for children with special needs such as ADHD and autism.

The 6"x9" paperback book is written in simple rhyming text with beautiful watercolor illustrations on each page and includes tips for parents and teachers. The story delightfully demonstrates how children can experience many different feelings in a day and how challenging some of them can be. Children will relate to yellow eepworm's many different feelings and learn a valuable lesson about handling one of them.

The book is accompanied by one soft, squishy 5" toy eepworm appropriate for children age 3 and up.

Praise for EEPWORM's Emotional Day

"Every parent or teacher can relate to a fun time with children turning sour when the fun needs to end. Corinne Goyette's book lets a child enter into the adorable eepworm's super exciting day of fun with a friend, only to have strong negative emotions almost ruin the day! Helpful tips within the book allow your child or student to stop, take a break and handle emotions successfully. A must have on any teacher, parent or school counselor's shelf."

Lisa Stuckey
School Counselor

THE STORY BEHIND THE STORY

"When I was a child, I struggled with brain disorders such as ADHD and autism. I often needed extra help transitioning to the next task and would sometimes explode when I didn't get that help. I really wish I had learned the skills to handle my strong emotions when I was young so I could start working on my difficulties sooner. I think this book will help children learn the skills they need and the eepworm can help them feel better too." — Corinne Goyette

ABOUT THE AUTHOR

Corinne Goyette holds a Bachelor of Fine Arts Degree in Studio Art. Despite having multiple brain disorders, she creates art and writes and illustrates children's books. She has become a highly regarded conference speaker and an advocate for children and adults with mental health special needs.

The book and toy are available at <https://www.earlychildhoodspecialties.com/store.html>. Corinne is available for interviews and presentations. Anticipated publication date: August 2020.

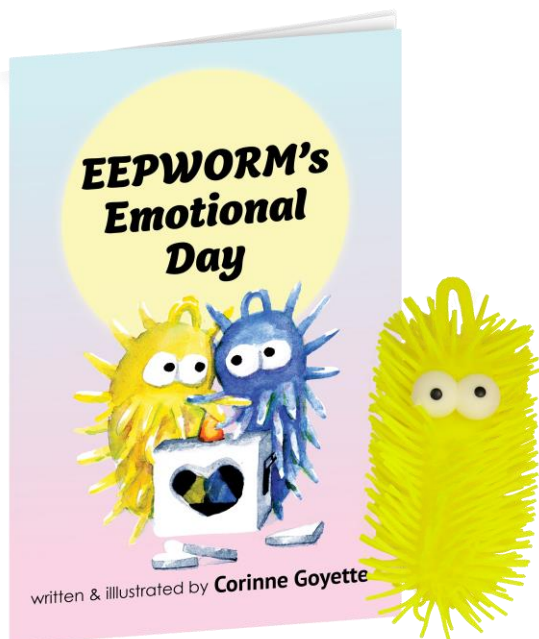
DOWNLOADABLE PHOTOS

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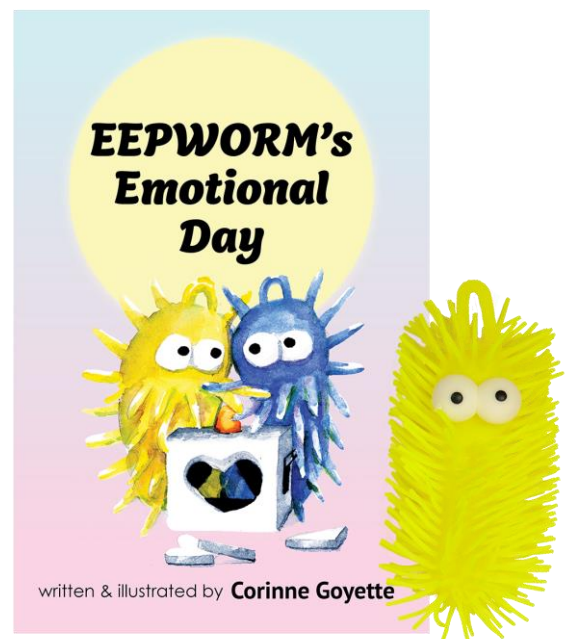
-Thank you.



Headshot of Corinne Goyette
(available in low res, high res)



3D Book Image
(available in low res, high res)



2D Book Image
(available in low res, high res)



Connect with Corinne Goyette

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